

Mentoring your Apprentice Course Outline



How do we help young people thrive at work?

All young people have to cope with their own journey to adulthood in the world they have grown up in. In addition, apprentices face challenges coming from the demands of being at work, learning new skills and behaviours and getting on with their new colleagues. Line managers need to know how to bring out the best in them and integrate them into the team successfully.

A good mentoring relationship will help apprentices navigate their way through with the support and development they need. This two day course will equip managers to be able to understand the concepts of both mentoring and coaching and learn how to use them effectively.

Content

- How does the world seem to Generation Z?
- What does an apprentice need to succeed?
- Defining coaching and mentoring
- How equipped are you to mentor or coach? What skills do you need?
- The Nice Day model
- The environment needed
- Setting goals and getting outcomes
- Helping an apprentice to generate and weigh up options
- What motivates young people in work?
- Practising coaching and mentoring skills
- The power of the right question
- Helpful and unhelpful behaviours
- How to help another person learn
- Evaluating the success of the mentoring relationship
- Advanced techniques to move 'stuck' thinking



Outcomes

By the end of the course, you will:

- Understand the needs of Generation Z
- Be confident to hold a mentoring session
- Know a model to structure coaching conversations
- Will have assessed your own skills
- Have practised coaching skills and received feedback

We can tailor this course to meet your specific needs.

About Our Training

All our courses give you:

- An insight into current thinking and good practice
- A range of practical tools and strategies you can use to help you do the job better
- Space to reflect on your current skills and behaviour

Every course will be enjoyable, engaging, interactive and fast paced.

Training should never be a drudge. We believe that learning is inextricably linked to enjoyment. The better the experience, the greater the learning. We always have a light touch and an easy manner that makes it easy to engage with the topic at hand.

There is no chalk and talk or death by PowerPoint here. All the content will be relevant, too. We are always purposeful and focused and haven't got time to waste building towers out of straws. We are much more concerned with seeing pennies drop, lightbulb moments and equipping you to thrive at work.

Get in touch to find out what we offer and how we can help you.

Delegates have said....

"Interesting & useful"

"Very good"

"Beneficial in establishing understanding of requirements and expectations"

"Informative, supportive, at times mind boggling"

"Useful, fully explained. Good introduction to mentoring"

"Good – I think it touched on important issues that young people may have"

